**Family Resources**

<http://www.tolerance.org/>

 “A place to find thought-provoking news, conversation and support for those who care about diversity, equal opportunity and respect for differences in schools.”

 <http://www.sadd.org/>

Students Against Destructive Decisions (Formerly Students Against Drunk Driving).A great website that provides students with “the best prevention and intervention tools possible to deal with the issues of underage drinking, other drug use, impaired driving and other destructive decisions.”

<http://www.al-anon.alateen.org/alateen.html>

Alateen is part of Al-Anon, which helps families and friends of alcoholics recover from the effects of living with the problem drinking of a relative or friend.

 <http://www.adolescent-substance-abuse.com/>

Website with a great amount of information concerning substance abuse, statistics, myths, and other useful information about teen drug use and abuse.

<http://www.drugfree.org/>

A great resource for information about teen drug use and abuse.

[www.kidshealth.org/teen](http://www.kidshealth.org/teen)

A website with a great amount of information about many different topics that concern teens, such as body image, depression, steroid use, etc…

 [www.mirror-mirror.org/eatdis.htm](http://www.mirror-mirror.org/eatdis.htm)

A website with helpful information about eating disorders.

[www.edreferral.com/body\_image.htm](http://www.edreferral.com/body_image.htm)

A fantastic resource for information about body image.

[www.how-to-study.com](http://www.how-to-study.com)

An amazing website that offers numerous strategies to help improve study skills.

[www.befrienders.org](http://www.befrienders.org)

A great resource for information and prevention of suicide.

<http://www.suicidepreventionlifeline.org/>

Website with information about suicide prevention and links to suicide prevention hotlines.