

☀️ AHS Summer Reading Guide ☀️

Did you know research shows that regular reading...

- ★ improves brain connectivity
- ★ increases your vocabulary and comprehension
- ★ empowers you to empathize with other people
- ★ reduces stress
- ★ lowers blood pressure and heart rate
- ★ fights depression symptoms
- ★ prevents cognitive decline as you age
- ★ contributes to a longer life



We encourage all students to read over the summer, and reap the many benefits of reading. Choose from the recommended titles that are listed below or find something else that sparks your interest. Get lost in a good book this summer!

Any student enrolled in an honors English class for the 2023-2024 school year **MUST** choose one book from the list below and be prepared for an assessment in the fall.

Recommended Titles:

- *The Ocean at the End of the Lane* by Neil Gaiman
- *I Am Malala: The Girl Who Stood Up for Education and Was Shot by the Taliban* by Malala Yousafzai
- *Fahrenheit 451* by Ray Bradbury
- *The Help* by Kathryn Stockett
- *Crying in H Mart: A Memoir* by Michelle Zauner
- *Simon vs. The Homo Sapiens Agenda* by Becky Albertalli
- *The Ballad of Songbirds and Snakes* by Susan Collins
- *Turtles All the Way Down* by John Green
- *The Hate u Give* by Angie Thomas
- *Scythe* by Neil Shusterman
- *Hidden Figures* by Margot Lee Shetterly
- *Behold the Dreamers* by Imbolo Mbue
- *Educated* by Tara Westover
- *Our Missing Hearts* by Celeste Ng
- *The 57 Bus: A True Story of Two Teenagers and the Crime That Changed Their Lives* by Dashka Slater
- *A Tree Grows In Brooklyn* by Betty Smith
- *How the Garcia Girls Lost their Accents* by Julia Alvarez
- *Sooley* by John Grisham
- *Atomic Habits: An Easy and Proven Way to Build Good Habits & Break Bad Ones* by James Clear

Happy Reading!